

## 2018 Current Fiscal Year Report: President's Council on Sports, Fitness, and Nutrition

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### 1. Department or Agency

Department of Health and Human Services

### 2. Fiscal Year

2018

### 3. Committee or Subcommittee

President's Council on Sports, Fitness, and Nutrition

### 3b. GSA Committee No.

1004

### 4. Is this New During Fiscal Year?

No

### 5. Current Charter

05/17/2018

### 6. Expected Renewal Date

05/17/2020

### 7. Expected Term Date

### 8a. Was Terminated During Fiscal Year?

No

### 8b. Specific Termination Authority

### 8c. Actual Term Date

### 9. Agency Recommendation for Next Fiscal Year

Continue

### 10a. Legislation Req to Terminate?

No

### 10b. Legislation Pending?

Not Applicable

### 11. Establishment Authority

Presidential

### 12. Specific Establishment Authority

EO 13265, dated Jun 6, 2002, as amended by  
EO 13824, dated Feb 26, 2018

### 13.

### Effective Date

06/06/2002

### 14.

### Committee Type

Continuing

### 14c.

### Presidential?

Yes

### 15. Description of Committee

Non Scientific Program Advisory Board

### 16a. Total Number of Reports

No Reports for this  
Fiscal Year

### 17a. Open Meetings and Dates 1 17b. Closed Meetings and Dates 0 17c. Partially Closed Meetings and Dates 0 17d. Total Meetings and Dates 1

#### Purpose

PCSFN members convene annually to set Council priorities, as well as discuss current programs and upcoming initiatives.

#### Start

#### End

09/21/2018 - 09/21/2018

### Number of Committee Meetings Listed: 1

	Current FY	Next FY
18a(1). Personnel Pmts to Non-Federal Members	\$0.00	\$0.00
18a(2). Personnel Pmts to Federal Members	\$0.00	\$0.00
18a(3). Personnel Pmts to Federal Staff	\$783,000.56	\$863,000.00
18a(4). Personnel Pmts to Non-Member Consultants	\$0.00	\$0.00
18b(1). Travel and Per Diem to Non-Federal Members	\$19,101.48	\$30,000.00
18b(2). Travel and Per Diem to Federal Members	\$0.00	\$0.00
18b(3). Travel and Per Diem to Federal Staff	\$5,108.95	\$15,000.00

<b>18b(4). Travel and Per Diem to Non-member Consultants</b>	\$0.00	\$0.00
<b>18c. Other(rents,user charges, graphics, printing, mail, etc.)</b>	\$360,789.01	\$260,000.00
<b>18d. Total</b>	\$1,168,000.00	\$1,168,000.00
<b>19. Federal Staff Support Years (FTE)</b>	6.00	6.00

**20a. How does the Committee accomplish its purpose?**

Members of the President's Council on Sports, Fitness, and Nutrition (PCSFN) advise the President through the Secretary of the U.S. Department of Health and Human Services (HHS) about ways to promote regular physical activity, fitness, sports participation and good nutrition. The PCSFN serves as a liaison to state, local, and private entities on ways to improve physical activity, fitness, sports participation, and nutrition nationwide both through local and State programs and national campaigns and initiatives. The Council may consist of up to 30 volunteer members who are appointed by, and serve at the pleasure of, the President. Members are appointed to serve a two-year term and may have their terms extended or be reappointed for another term. Council members speak to local, regional, and national audiences on the importance of regular physical activity and good nutrition. Members forge partnerships and identify programs or initiatives to help the Council achieve its mission. A program office supporting the activities of the Council is located within the U.S. Department of Health and Human Services, Office of the Assistant Secretary for Health, in Rockville, MD. An Executive Director manages the program and office operations. A staff of six federal employees, including the Executive Director, help carry out the daily business of the Council.

**20b. How does the Committee balance its membership?**

The Council may consist of up to 30 members. The Council currently has 22 members. These members are appointed by, and serve at the pleasure of, the President. Three members have been selected to serve as Co-chairs. The Council membership includes individuals from the following occupations: professional and amateur athletes, fitness industry professionals and entrepreneurs, media, non-profit organizations, and military. The diversity of the members' backgrounds enhances opportunities for them to promote the Council's messages, programs, and initiatives through speaking engagements and media events.

**20c. How frequent and relevant are the Committee Meetings?**

The Council typically meets one time per year. Traditionally, the annual meeting takes place in May to coincide with National Physical Fitness and Sports Month, or September to coincide with National Childhood Obesity Awareness Month.

**20d. Why can't the advice or information this committee provides be obtained elsewhere?**

The PCSFN was initially established as the President's Council on Youth Fitness in 1956 by President Dwight D. Eisenhower to develop and promote physical fitness and sports activities for American youth. Under the Administration of President Lyndon Johnson, the name of this advisory committee was changed to President's Council on Physical Fitness and Sports (PCPFS). The Council has functioned in an advisory capacity to the President and the Secretary of Health and Human Services to advise on the importance of physical activity for the health of Americans of all ages, backgrounds and abilities. In February 2018, in recognition of the fact that youth sports participation and the health of the nation's children are in decline, President Donald Trump issued an executive order charging the Secretary of HHS through the new Council with developing a national youth sports strategy to increase access to sports for all American children. The appointed members of the PCSFN voluntarily provide an invaluable, irreplaceable and cost effective resource of expert advisors and spokespersons to promote the benefits and value of sports participation, regular physical activity and good nutrition for all Americans.

**20e. Why is it necessary to close and/or partially closed committee meetings?**

PCSFN meetings are open to the public.

**21. Remarks**

The President's Council on Sports, Fitness, and Nutrition (PCSFN) is the only federal committee and program office focused solely on the promotion of physical activity, fitness, sports and nutrition for the health and well-being of all Americans. The diverse make-up of the Council, many of whom are high-profile citizens, enables HHS to forge critical partnerships with a variety of non-profit, private sector, and federal agencies and offices to promote the health of all Americans. The PCSFN functions as a non-discretionary federal advisory committee because it was established by a Presidential directive. Under the provisions of the Federal Advisory Committee Act (FACA), the appropriate action must be taken by the President or agency head every two years to authorize continuation of the Council. The necessary action has been taken by the President at appropriate intervals to continue the Council. Executive Order 13708, was extended by President Donald Trump on September 29, 2017, authorizing the Council to operate from September 30, 2017 until September 30, 2019. In FY 2018, PCSFN in collaboration with ODPHP, the Centers for Disease Control and Prevention, and the National Institutes of Health is leading development of the second edition of the Physical Activity Guidelines for Americans (PAG). The Physical Activity Guidelines is an essential resource for health professionals and policymakers. The current edition includes recommendations for Americans ages 6 years and over — including those at increased risk of chronic disease — and provides

science-based advice on how physical activity can help promote health and reduce the risk of chronic disease. The Guidelines serve as the primary, authoritative voice of the federal government for evidence-based guidance on physical activity, fitness, and health for Americans. The first edition of the Guidelines was released in 2008. The second edition of the Guidelines will build upon the first edition and form a foundation for federal physical activity and education programs. The Council has continuous interaction with the public through speaking engagements, e-mail blasts and newsletters, as well as social media. Staff in the Office of the President's Council support Council membership and, under its authority in Title XVII of the Public Health Service Act, to engage, educate, and empower all Americans to adopt a healthy lifestyle that includes regular physical activity and good nutrition. The work performed by program staff, including travel to promote Council activities and other costs associated with operating the program office, are factored into the operating costs reported for the Council. For more detailed information about the Council's programs and activities, visit [www.fitness.gov](http://www.fitness.gov). The only annual reporting requirement that the Council must satisfy is to update the file maintained in the FACA database for the Annual Comprehensive Review. In FY 2018, Committee members were appointed by President Trump and the inaugural meeting of the new Council was held on September 21, 2018 in Washington, D.C. The budget for this committee remains flat, so although estimates in different categories changed, the total spent this year and the total projected expenses for next year are the same. Costs totaling approximately \$361,000 include rent, training, office supplies and equipment, printing and shipping, event registration and exhibiting fees, security investigations and badging for staff, parking for staff, and the annual contribution to the Service and Supply Fund as a staff division within the HHS Office of the Assistant Secretary for Health.

## Designated Federal Officer

Holli Richmond Executive Director

Committee Members	Start	End	Occupation	Member Designation
Becker, Brenda	05/29/2018	05/29/2020	Business Executive	Special Government Employee (SGE) Member
Damon, Johnny	05/29/2018	05/29/2020	Retired Major League Baseball Player	Special Government Employee (SGE) Member
Drinkwater, Trevor	05/29/2018	05/29/2020	Corporate CEO/Film Producer	Special Government Employee (SGE) Member
Goldman, Robert	05/29/2018	05/29/2020	Physician	Special Government Employee (SGE) Member
Gulbis Rodarmel, Natalie	05/29/2018	05/29/2020	Professional Golfer	Special Government Employee (SGE) Member
Hayworth, Nan	05/29/2018	05/29/2020	Physician/Former Member of Congress	Special Government Employee (SGE) Member
Hesse, Matthew	05/29/2018	05/29/2020	Corporate CEO/U.S. Army Veteran	Special Government Employee (SGE) Member
Lundvall, Ashlee	05/29/2018	05/29/2020	Former Ms. Wheelchair USA	Special Government Employee (SGE) Member

May-Treanor, Misty	05/29/2018	05/29/2020	Retired Professional Volleyball Player	Special Government Employee (SGE) Member
Olson, Jacob	05/29/2018	05/29/2020	Collegiate Football Player	Special Government Employee (SGE) Member
Rohbock, Shauna	05/29/2018	05/29/2020	Olympian (Bobsled)/U.S. Army National Guard	Special Government Employee (SGE) Member
Teer, Julie	05/29/2018	05/29/2020	Non-Profit Executive	Special Government Employee (SGE) Member
Tisi, Christopher	05/29/2018	05/29/2020	Corporate CEO/Entrepreneur	Special Government Employee (SGE) Member
Walker, Herschel	05/29/2018	05/29/2020	Retired National Football League Player	Special Government Employee (SGE) Member
Wilkins, Robert	05/29/2018	05/29/2020	U.S. Air Force Veteran/Military Evangelist	Special Government Employee (SGE) Member
Worthington, Samuel	05/29/2018	05/29/2020	Corporate CEO/Athletic Club Owner	Special Government Employee (SGE) Member
Yaccarino, Linda	05/29/2018	05/29/2020	Corporate Media Executive	Special Government Employee (SGE) Member

### Number of Committee Members Listed: 17

### Narrative Description

The President's Council on Sports, Fitness, and Nutrition (PCSFN) advises the President through the Secretary of Health and Human Services (HHS) on ways to achieve the Council's mission, which is to engage, educate, and empower all Americans to adopt a healthy lifestyle that includes regular physical activity and good nutrition. The Council also promotes the department's Healthy People 2020 initiative, the Dietary Guidelines for Americans, and the Physical Activity Guidelines for Americans.

### What are the most significant program outcomes associated with this committee?

Checked if Applies

Improvements to health or safety	<input checked="" type="checkbox"/>
Trust in government	<input checked="" type="checkbox"/>
Major policy changes	<input type="checkbox"/>
Advance in scientific research	<input type="checkbox"/>
Effective grant making	<input type="checkbox"/>
Improved service delivery	<input checked="" type="checkbox"/>
Increased customer satisfaction	<input checked="" type="checkbox"/>
Implementation of laws or regulatory requirements	<input type="checkbox"/>
Other	<input checked="" type="checkbox"/>

### Outcome Comments

The Council promotes healthy lifestyles for all Americans on a national level through its various programs and initiatives. Council partners promote consumer messages, programs and initiatives of the Department of Health and Human Services and other

federal agencies to encourage healthy lifestyles that include regular physical activity and good nutrition.

**What are the cost savings associated with this committee?**

Checked if Applies

None	<input type="checkbox"/>
Unable to Determine	<input checked="" type="checkbox"/>
Under \$100,000	<input type="checkbox"/>
\$100,000 - \$500,000	<input type="checkbox"/>
\$500,001 - \$1,000,000	<input type="checkbox"/>
\$1,000,001 - \$5,000,000	<input type="checkbox"/>
\$5,000,001 - \$10,000,000	<input type="checkbox"/>
Over \$10,000,000	<input type="checkbox"/>
Cost Savings Other	<input type="checkbox"/>

**Cost Savings Comments**

PCFSN staff and Council members performed all duties and managed operations on a \$1.168 million budget in FY18.

**What is the approximate Number of recommendations produced by this committee for the life of the committee?**

1

**Number of Recommendations Comments**

New members of the Council were nominated by President Trump in May 2018. The first meeting of the new Council took place in September 2018. Committee members discussed the new charge per Executive Order to develop a national youth sports strategy during this Administration.

**What is the approximate Percentage of these recommendations that have been or will be Fully implemented by the agency?**

0%

**% of Recommendations Fully Implemented Comments**

**What is the approximate Percentage of these recommendations that have been or will be Partially implemented by the agency?**

100%

### **% of Recommendations Partially Implemented Comments**

Now that the Committee has met, the Office of the President's Council will facilitate their engagement in the development of the national youth sports strategy based on the members' area(s) of interest and expertise. Additionally, a federal workgroup has been formed to support the Committee's efforts to develop and disseminate the strategy. The timeline for completion is rolling and will include multiple public engagement elements, including school, community and private sector engagement. The strategy/action plan document is expected to be delivered by Summer of 2020.

### **Does the agency provide the committee with feedback regarding actions taken to implement recommendations or advice offered?**

Yes ☐ No ☒ Not Applicable ☐

### **Agency Feedback Comments**

### **What other actions has the agency taken as a result of the committee's advice or recommendation?**

Checked if Applies

Reorganized Priorities	<input type="checkbox"/>
Reallocated resources	<input type="checkbox"/>
Issued new regulation	<input type="checkbox"/>
Proposed legislation	<input type="checkbox"/>
Approved grants or other payments	<input type="checkbox"/>
Other	<input type="checkbox"/>

### **Action Comments**

### **Is the Committee engaged in the review of applications for grants?**

No

### **Grant Review Comments**

Not Applicable

### **How is access provided to the information for the Committee's documentation?**

Checked if Applies

Contact DFO ☒

Online Agency Web Site  
Online Committee Web Site  
Online GSA FACA Web Site  
Publications  
Other



**Access Comments**

NA